

Bethany Home MESSENGER

Volume XCIII

July, August, September 2023

NUMBER 3

For Friends of Bethany Home

Minden, NE 68959

(308) 832-1594

Loving Care with a Spiritual Touch

Activities

Summer • Heat • Gardening
4th of July • Fair • School
Birthdays and more ...

BETHANY HOME ACTIVITIES

by Karma Sinsel

"It's amazing what you can learn after you've
learned all that you think there is to learn."

- RAY HUNT

GO BIG RED!

Was this year's theme for the Bethany Home Gala. Guests who attended the fundraiser event were treated to red/white flowers with volleyball centerpieces and candlelight atmosphere with special guest speaker, John Cook, Nebraska Head Volleyball Coach. Thank you to our other speakers: Bob Tank, Richard Phillips, Johnny Kamery, Michala Petersen and auctioneer Jim Pursell. Guests were provided a delicious catered meal from Cozy Corner Catering and served by the Minden Volleyball team. Guests were entertained by Angie Althouse at the piano. The evening ended by a live auction. Bethany Home thanks everyone who attended the fundraiser event and thanks everyone who purchased an item or gave money toward Bethany Home.



other. We help residents write letters to family or friends, play trivia, bingo, sing a long, hymn sing, fun & games and exercise. We also have jeopardy, worship services with area ministers and Bible studies with Chaplain Julie Schmidt.

Hadleigh and Kynadi Schmidt stopped by one morning this summer and visited and polished a few residents' nails. Residents always look forward to seeing young children stop by. Thank you Hadleigh and Kynadi!

Residents were treated to a surprise from Dance Works dance studio in Kearney. Thirty plus dance students and retired students came one afternoon and performed an assortment of dance routines for the residents. Lots of "oohs",

"awes" and "If I tried to bend like that, I would not be able to walk the next day", were reminisced among all the residents. Thank you Kathy and Dance Works students and parents!

July Birthday honorees were: 7/04 Brenda Farrow, 7/12 John Weber, 7/22 Marcele Schmidt, 7/22 Roberta Dunse, 7/25 Dolores Jorgensen, and 7/30 Don Norman. Our birthday honorees, guests and residents were treated with beautiful piano music by Lena Choi and her daughters. Birthday cupcakes and ice cream were served to everyone by our birthday volunteers.

As we continue to be creative with our activities for the residents, they enjoy being able to get outside for fresh air, sunshine, listening to the birds sing and reminiscing with one

continued on page 4

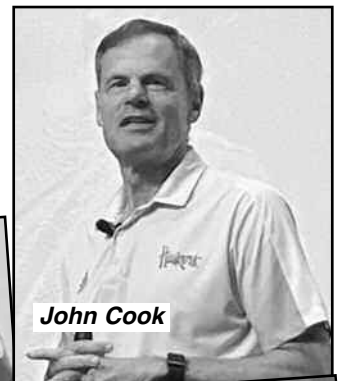
What's Inside

Activities Directors Memorials Gala 2023
Intergenerational Story Time Marching Bands Fun and Games
Snapping Peeling Husking Reminiscing Visits

Gala 2023



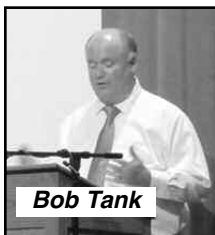
**Bethany Home Foundation Board
Members and John Cook**



John Cook



Jim Pursell



Bob Tank



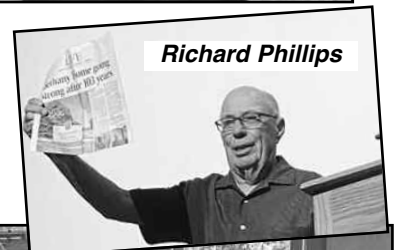
Michala Petersen



Johnie Kamery



Richard Phillips



**Minden Volleyball
Girls with John Cook**

Bethany Home's Management Staff

Bob Tank.....Administrator
 Cassie GrubeDirector of Nursing
 Michelle Vanosdall.....Assistant Director of Nursing
 Karma Sinsel.....Activities Director
 Barb Detlefsen.....Social Services Director
 Diana Podewitz.....Dietary Manager
 Dayle Dornhoff.....Laundry/Housekeeping Supervisor
 Julie Terrel, R.N.....Assisted Living Coordinator
 Jodi Swartz.....Business Office Mgr/Medical Records
 Lynn Tacha.....Maintenance Supervisor

Bethany Home Board of Directors

Delvin Schmidt.....President
 Linda Black.....Secretary
 Arlen Osterbuhr.....Treasurer
 Mary Jo Schwenka.....Member
 Cathy Dzuris.....Member
 Karla Paulsen.....Member
 Randy Sigurdson.....Member
 Gayle Dorn.....Member
 Dana Faber.....Member



BETHANY HOME HERO AWARD

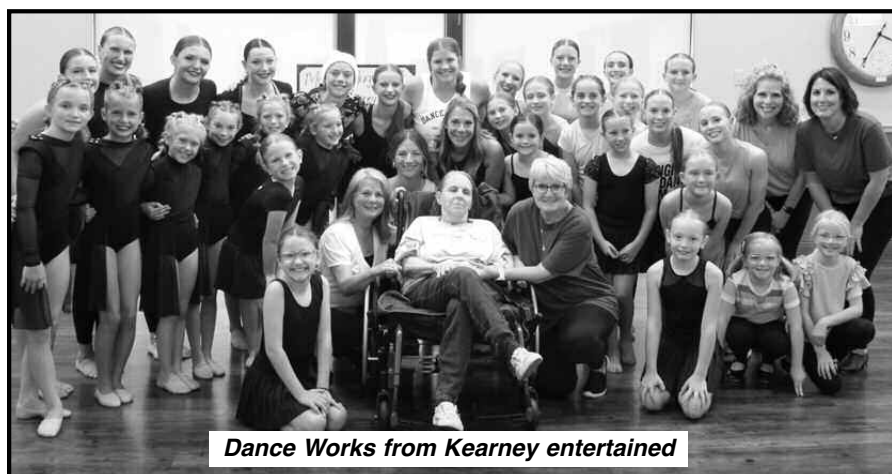


Polly Worley

Dayle Dornhoff presenting award to Polly Worley



*Hadleigh and Kynadi Schmidt
pampering the ladies one afternoon*



Dance Works from Kearney entertained



*Delores Farlin read a story to the
residents as they enjoyed
Ice cream Sandwiches
for National Ice cream Sandwich Day*

Bethany Home Activities continued from front page

Summer crafts were held one afternoon. Residents enjoyed making their own pom pom ice cream sundaes. Lots of visiting about their own favorite flavors of ice cream and what toppings they like to put on top was shared

Residents have enjoyed having Glen Haselbarth, Joyce Spellman, Conalee Walker, Jana Tomsen, Cindy Boehler, Shirley Collins, Deb Bishop, Pastor Steve Bryne and Dean Casper entertain once a month with an assortment of vocal and musical entertainment. Thank you for sharing your time and talent with our residents.

Veterans coffee and donuts is held the first Friday in the mornings of each month. Veteran residents get to enjoy having coffee with Phil Herun, Minden's Veterans officer and other retired veterans from the community. Bethany Home invites any other retired veteran in the Minden community to come

Summer Crafts



and join us at 9:30 a.m. each first Friday of the month. Our Veteran residents would love to see you. Thank you Phil, Dave and Randy for coming!



Residents enjoyed music one afternoon with Pastor Steve Bryne and Dean Casper

Who doesn't love a fresh bag of popcorn and reminisce? Residents thank Jane Kuehn for coming each month for reminiscing and eating popcorn. Residents look forward to what new/old items Jane will share or new stories. Thank you Jane, for coming!

Also, this summer the residents enjoyed cleaning sweetcorn, snapping green beans, peeling fresh Colorado peaches and reminiscing while sharing their own stories. Thank you to Doug & Stephanie Larson and family and Kim Schepker for donating sweetcorn!

Fun and Games is held once a month with Linda Fritz and Shelly Hansen. Residents enjoy playing fun games with the ladies, laughing and visiting. Thank you Linda and Shelly!

"No medicine cures what happiness cannot."

- GABRIEL GARCIA MARQUEZ

National Ice cream Sandwich Day was celebrated on August 2nd. Residents enjoyed a fun afternoon of Delores Farlin reading a story book and eating ice cream sandwiches while they listened. Thank you Delores!

National Watermelon Day was celebrated on August 3rd. Residents were treated with a refreshing bowl of watermelon while they watched an armchair travel video to Makinac Island.

National Banana Split Day was celebrated on August 25th. Residents and staff enjoyed a fun afternoon treat of: vanilla, chocolate and strawberry ice cream with sauces, sliced bananas, peanuts, sprinkles and topped with whipped cream and cherry on top. They all appreciated the refreshing treat and all had fun visiting with one another too.

August Birthday honorees were: 8/1 Mike Hoban, 8/16 Erma Jean Albers, 8/24 Barb Artz, 8/28 Ruth Steen, 8/28 Gweneth Schmidt and 8/29 Evelyn Anderson. Our birthday honorees, guests and residents were entertained by Shirley Collins.

continued on next page

Birthday cupcakes and ice cream were served to everyone by our birthday volunteers.

National Assisted Living Week – Sept. 10th – 16h, was celebrated with many special activities. The theme this year was “Capture the Moment”. Residents and families enjoyed a Grandparents' Coffee, served with an assortment of finger food and drinks. Residents and their guests enjoyed a fun afternoon of visiting and laughter. On Monday, residents remembered 9/11, we played Jeopardy with 9/11 questions, sharing stories and ended with Alan Jackson's song he wrote about 9/11. September birthday honorees, guests and residents were treated with beautiful piano and saxophone music by Matt and Carol Walters. Cindy Boehler entertained everyone one afternoon with an assortment of fun and country songs.

Residents were treated with 54 Minden East Elementary Third graders for inter-generational story time. The children each paired up with a resident and read out loud to them. Our residents enjoyed seeing, listening and helping the children read their stories out loud. Thank you Minden East Elementary!

GO BIG RED! Was the theme of Fredericksburg Church party. Residents enjoyed Husker trivia questions/facts and singing

the
Husker fight song. The church ladies served red and white
cake with a scoop of scarlet and cream ice cream from the
UNL ice cream store. Thank you Fredericksburg Church!

Bethany Home held their Annual Community BBQ. The community was treated with grilled hamburgers, hot dogs, chips, bake beans, vegetable salad and cookies. We ended a fun filled week with Bonanza Bingo.

September birthday honorees were: 9/3 Mary Roggenkamp, 9/12 Dean Hinrichsen, 9/22 Jayne Hoban, 9/27 Marie
continued on next page



DO YOU NEED a GIFT that is the RIGHT SIZE and FITS ANYONE?

I HAVE THE ANSWER!!

How about a gift certificate to the Beauty Shop?

Just contact Jeanette at Bethany Home

– Tuesday thru Friday



Bethany Home Activities continued from page 5

Choquette and Barbara Bonham, 9/28 Virginia Swartz and Vernon Christensen, 9/30 Marilyn Nielson. Birthday cupcake and ice cream was served to everyone by our birthday volunteers.

Fall Crafts were held one afternoon. Residents mod podged fall napkins onto a wooden shaped mason jar. They got to choose from either: Thankful, Blessed or Grateful wooden words to place on their finished project.

“Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord.”

HEBREWS 12:14

Some Bethany Home staff participated in Walking to End Alzheimer's in honor of our families who are impacted by Alzheimer's and other dementia. Thanks to all who participated.

Residents have enjoyed the nice weather and being able to get out and go on scenic bus rides around the community and countryside. They are all amazed with everyone's flower gardens and how much the countryside is changing for the season.

Bethany Home would like to thank Ruth Steen's daughter MaryAnn Hanson for making the seasonal centerpieces for the Assisted Living dining room tables. Thank you, MaryAnn, they are beautiful!



Residents enjoyed music one afternoon with Deb Bishop and her friend Deb from Hastings

Residents have gotten to listen to Minden's Jr. and Sr High School marching bands practice for upcoming marching events. Thank you Minden Public School!

Memory Support Unit residents this summer enjoyed snapping green beans, peeling fresh Colorado peaches and reminiscing while sharing their own stories. They love sitting outdoors, listening to the birds, soaking up the sun and visiting with one another, singing favorite musical tunes or taking a walk or wheelchair ride around the courtyard. A big thank you to a resident daughter for adding new colorful flowers to our courtyard. Residents enjoy a variety of small group activities:

exercise, word games, bingo, worship services on YouTube, jeopardy, trivia, sing a longs and traveler's corner and birthday parties for



Residents enjoyed music entertainment by Conalee Walker

residents who have a birthday during the month. Chaplain Julie Schmidt provides Bible study once a week. Residents have enjoyed going out on a scenic bus rides to see the community and countryside. All are amazed with everyone's pretty flower gardens and how much the countryside is changing for the season. Residents had fun time cleaning sweetcorn and reminiscing about their days of putting up corn for their families. Residents have also enjoyed having Joyce Spellman and Glen Haselbarth come once a month to play assorted songs on the piano in the unit. Also, residents have enjoyed being able to come off unit to attend the scheduled live entertainments, parties, bingo and other fun activities. They all enjoy this time as they are able to visit with some of their friends from their past and meet new friends.

Christmas is coming! A friendly reminder to residents, their families and friends: DO NOT hang or attach anything to the outside railings in the Healthcare or Assisted Living Facilities. Please DO NOT hang REAL wreaths or swags on residents doors, as this becomes a FIRE HAZARD. Residents may decorate their porches according to fire code. If you have any questions please contact maintenance or activity department. Thank you!

Thank you to ALL who volunteer in any way at Bethany Home. Thanks to everyone who donates their time, talents and monetary donations. You make Bethany Home the great facility it is. Thank you to all our staff for their dedication and to everyone in the community for your support during this time. We have amazing employees working in all departments. Until next time. Bethany Home invites everyone to like us on our Facebook page and check us out on the web at: www.bethany-home.org

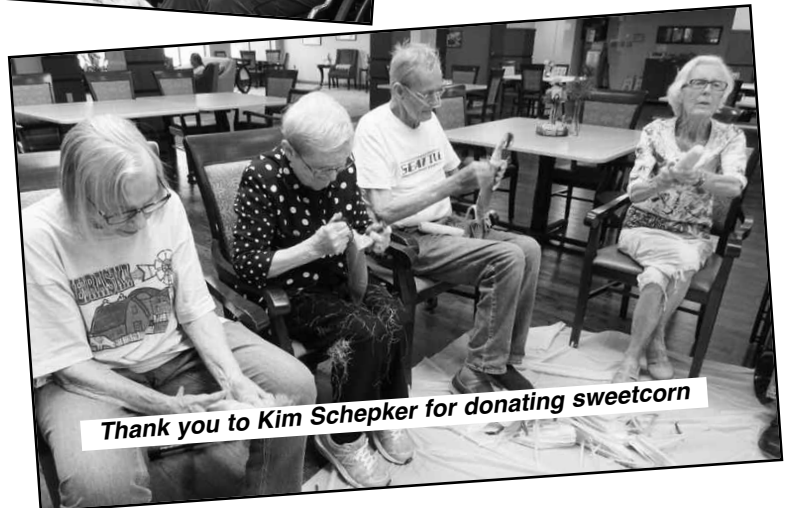
“May the God of hope fill you with all joy and peace in faith so that you overflow with hope by the power of the Holy Spirit.”

ROMANS 15:13

**Merry Christmas!!
Bethany Home**



SWEET CORN



National Banana Splits



FROM THE CHAPLAIN

'Who do people say that the Son of Man is?' And they said, 'Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.' He said to them, 'But who do you say that I am?' Simon Peter answered, 'You are the Messiah, the Son of the living God.'

MATTHEW 16: 13-16

How would you answer the question "Who is Jesus"? If you would ask people across the United States or across the world you might get many different answers. Some people might say Jesus was a prophet like so many in ancient times, but no more important than that. Some people might say Jesus was a really nice guy – he even did some miracles back then – but that means nothing for us now. The Bible is a good book to read about history, some might say, but that is it. And perhaps even in the world today might be the response Jesus? Who is Jesus? For some people, Jesus means nothing to them and has no impact on their daily lives.

Who is Jesus to you personally? Jesus has many names in the Bible, and you might have your own to add – Savior, confidante, redeemer, protector, King, and Lord to give a few. What difference does the love, forgiveness and mercy of Christ mean for you? How is your life different because of Jesus? Hopefully answering that question for yourself will excite you to praise, worship and give thanks. Jesus has done so much for us we can never thank him enough.

Among the almost one hundred residents at Bethany Home and the many employees as well, you could get various answers to the question "Who is Jesus?". As I make individual visits to the residents, I get to hear as they talk about Jesus, who Jesus is to them, and want a difference it makes for their life. Many say they can not imagine how they would have dealt with the grief of losing a loved one without knowing the Resurrected Christ for them and for their loved one. It makes all the difference in moving on with hope. They see the hand of God in the good times and the bad times, knowing his presence is with them. Some talk about how it was a tradition for them to attend church during their growing up years, but for others it was not.

During our weekly Bible study, we have wonderful times of sharing our faith. Being among so many who have lived in other areas and other states, have worked in various occupations, and who have so many life experiences is a joy. Sharing stories that help us relate to the gospel scripture lessons benefits us all. We feel Jesus come alive as the Holy Spirit moves among us. We answer the question, "Who is Jesus"? in our hearts and minds. The residents really do look forward to the weekly Bible studies and the weekly worship services.

In my years of being chaplain I have visited with a lot of people as they have come and gone. Of course, not everyone believes the same about Jesus. Some people are angry at God for some tragedies that have happened in their lives. Some just do not believe in God. As I finished a delightful time together with one of the residents, I asked if I could pray, as I usually do. He said that was up to me, if I wanted, he didn't care to. I still prayed and we continued to have many wonderful visits after that. I strive to serve all the residents and staff of Bethany Home, ready to listen and care, no matter where they are at in their faith journey. The love of God goes out to all. We never know where a seed is planted and how the Holy Spirit will work through each of us as we carry the light of Christ.

Who is Jesus? May we echo the words of Simon Peter, "You are the Messiah, the Son of the living God."

Giving thanks,
Julie Schmidt, Parish Ministry Associate
Bethany Home Chaplain

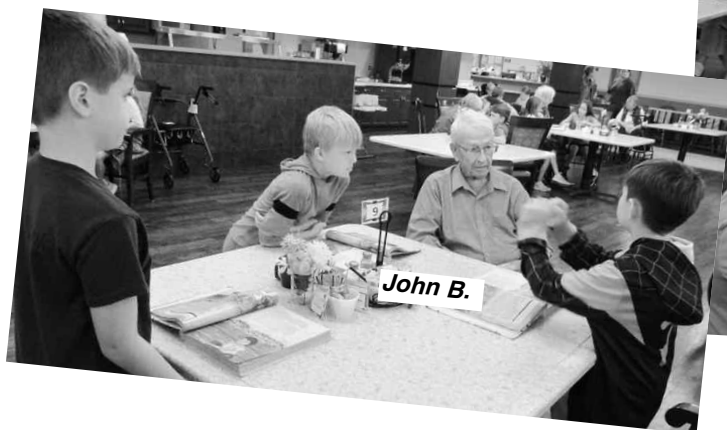
Alzheimer's Walk



Intergenerational Story Time



Barb K.



John B.



Donna Y.



Helen D.

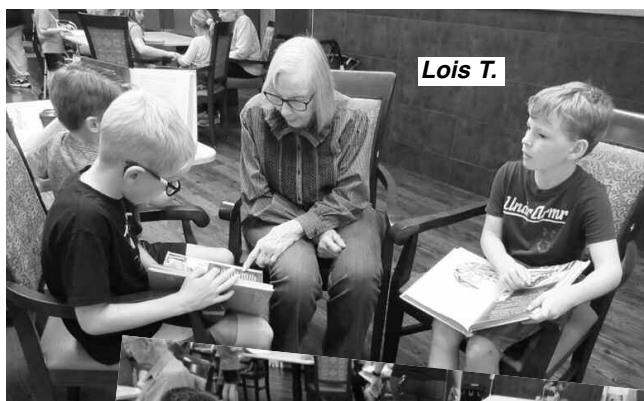


Judy C.



Joan F.

Intergenerational Story Time *continued*



Lois T.



Ruth S.



Janet B.



Linda J.



Rita S. and Marvin V.



Margaret C.



Edna S.



Roberta D.



Marcie S.

Birthday Parties

July, August, September



Lena, Chloe and Hailey Choi entertained



July Birthday Party
2023



August Birthday Party
2023



Shirley Collins entertained



September Birthday Party
2023



*Matt and Carol Walters
from Omaha entertained*

Gifts from Friends of Bethany Home **3rd Quarter 2023**

Bethany Lutheran Church, Axtell, NE

Trinity Lutheran Church, Axtell, NE

IN MEMORY OF

BARBARA ANDERSON

Charles & Carol Kuehn
Dean & Marcia Marsh
Karen Vitera
Vernon Christensen
Larry & Karen Wilcox
Dean & Julie Zoerb
Shari Newcomb

HARRIET FRERICHs

Minden Exchange Bank

TOM GRANGER

Lonnie & Marsha Granger

LYNETTE LUPKES

Lonnie & Marsha Granger

MARJORIE MADSEN

Lonnie & Marsha Granger

PATRICIA MASHEK

The Huddleston Family

VERL NELSON

Lonnie & Marsha Granger

DON BARTEK

Lonnie & Marsha Granger

LARRY NEWCOMB

Minden Exchange Bank



Please visit our website at www.mybethanyhome.com

Fredericksburg Lutheran Church Party



*Residents enjoyed
a piano and flute duet
by Pastor Sharon
and Sandy*



Music Entertainment with Jana Tomsen



COME REMINISCE

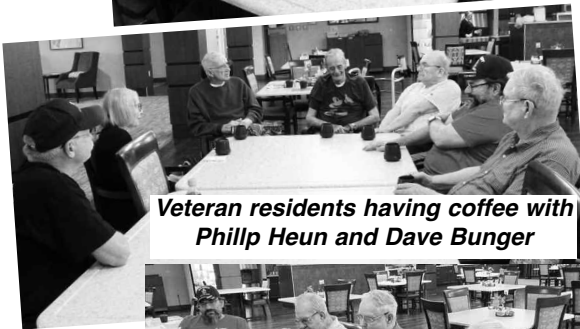
with Jane Kuehn



Veterans Coffee and Donuts



Veteran Residents enjoying coffee and visiting with Phillip H. and Dave B.



Veteran residents having coffee with Phillip Heun and Dave Bunger



Residents enjoyed a scenic bus ride one afternoon



Fun & Games with Shelly and Linda one afternoon.

A Note from Laundry.

Christmas is just around the corner! When buying your loved ones new clothing, we ask that you please mark it with their names. This ensures that the clothing get back to the right person. If laundry can be of any help on marking, please feel free to let us know.

Thank you,
Dayle Dornhoff
Laundry Supervisor



COMMUNITY BBQ



Residents enjoyed Armchair Traveler's corner and eating watermelon for National Watermelon Day



Glen H. entertained



Thank you to MaryAnn Hanson and her granddaughters Eva and Kiera for making our Fall centerpieces



Joyce Spellman entertained



Residents made Fall Crafts one afternoon

Bethany Home

Invites You to These Upcoming Events!

Refreshments served at 2:30 p.m. - Events at 2:30p.m.

Unless otherwise noted -Assisted Living Dining Room

NOVEMBER

- November 2 Shirley Collins entertains (*assorted music*)
November 8 Cindy Boehler entertains (*country and more*)
November 10 Veterans Program with *speaker Phillp Herun*
November 14 November Birthday Party – honoring residents with November birthdays
– *Melinda Ferree will entertain*
November 21 Pastor Steve Bryne and Dean Casper entertain (*older country and gospel*)
November 29 Deb Bishop entertains (*older country*)

DECEMBER

- December 6 Shirley Collins entertains (*assorted music*)
December 12 December Birthday Party – honoring residents with December birthdays
– *entertainment to be determined*
December 13 Cindy Boehler entertains (*country and more*)
December 28 Pastor Steve Bryne and Dean Casper entertain (*older country and gospel*)
December 29 Deb Bishop entertains (*older country*)

COME JOIN US FOR THE FUN!

Many more events will be added. Please call ahead to confirm.

Dates, times,and events are SUBJECT To CHANGE.



*Cindy B.
Sue R.
Bonita N.*



*Cindy Boehler
entertained one
afternoon*



*Glen Haselbarth entertained
one afternoon on MSU*



*Joyce Spellman entertained one
afternoon on MSU*



*Shirley Collins entertained
one afternoon*



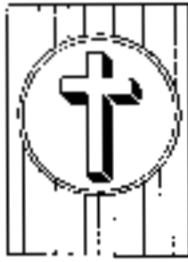
MARK YOUR CALENDAR...SAVE THE DATE!

BETHANY HOME
Annual Christmas Family Night

**Thursday, December 7th, 2023
at 6:00 p.m.**

In the Assisted Living Dining Room
Bethany Home will provide all food and table service.
Entertainment to be determined – Families watch for invite in the mail

Bethany Home, Inc.
515 W 1st Street
Minden, NE 68959



Loving Care with a Spiritual Touch

CHANGE SERVICE REQUESTED

Non-Profit Organization
U.S. Postage
PAID
Permit #3
Minden, NE 68959

CAR RT ST